

March 2019

Dear East Hills Families:

Happy International Women's Day!

Have you ever heard of Frida Kahlo, Pura Belpre, Frances Moore Lappe, Maya Lin, Malala Yousafzai and Mary Anning? Do you know what they all have in common? Well, for one they are all remarkable young revolutionary women who demonstrated perseverance and determination. Each one of these women has made a significant contribution to our world and society. Through their positive mindsets, they have sparked change in the world and paved the way for the next generation of female trailblazers.

***Shaking Things Up: 14 Young Women Who Changed the World*** written by Susan Hood, takes us through the accomplishments of 13 young women from around the world who changed the world. Ms. Hood shares the remarkable accomplishments that these women have made through beautifully written prose. Their messages of hope, courage and grit truly echo all of our hopes and dreams for our world.

"There's a moment when you have to choose whether to be silent or stand up." Malala Yousafzai

"Every choice we make can be a celebration of the world we want." Frances Moore Lappe

"I wished to be like Johnny Appleseed...to plant my story seeds across the land." Pura Belpre

So, as we welcome Women's History Month, here's to celebrating women around the world and lessons learned from their courage and strength.

One final thought to ponder... How can we extend our goal of fostering a sense of will, a sense of determination and a sense of persistence and drive so our children continue to work towards a greater sense of academic, social and emotional achievement? We welcome this challenge!

Happy spring,

*Melissa Krieger*

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